

PEI COVID-19 Circuit Breaker – December 2020

As of 7 December 2020, PEI is transitioning to a COVID-19 circuit breaker phase for 2 weeks. This circuit breaker phase is a time-limited intervention in order to get control of the situation at hand and break the chain of transmission of COVID-19. It will be reassessed throughout.

The circuit breaker phase restrictions override all other existing sector specific public health guidance.

Restrictions and Public Health Measures

Family and friends	• No personal gatherings • Each household can associate with two (2) other consistent individuals. • Individuals who live alone may associate with another household.
Gatherings (including religious gatherings)	• Organized gatherings, including faith gatherings, no more than 10 people indoors and outdoors, excluding staff • Funeral and wedding ceremonies no more than 10 people plus officiants
Recreation	• Recreational facilities, including gyms, fitness facilities, bingo halls, casinos, museums and libraries closed • No organized sport and recreation
Business and NGOs	• Retail stores and markets must reduce the number of people to approximately 50% of the standard operating capacity of the retail space, and monitor entrances and exits to ensure that capacity is not exceeded ◦ A guideline for standard operating capacity: 1 person/30 ft² ground level; 1 person/40 ft² above/below ground level • No in-person consumption of food and beverage at food premises and licensed facilities - take-out and delivery only with enhanced precautions • Personal services, may operate on an appointment basis, provided a non medical mask is worn at all times by staff and patrons
Child care	• Unlicensed and licensed childcare centres 100% capacity, with physical distancing
Health care (including community)	• Maintain COVID-19 surge capacity and build the PPE contingency stockpile while continuing delivery of healthcare services • In person residential day programs and mental health and addictions programs to continue
Public services	• Public services should continue serving the public by phone, virtual services, delivery or pickup, or in person

Education and Training	• Full time classroom learning for K-12 with public health measures in place and a contingency plan for remote learning; additional restrictions on select large high schools • Post-secondary education and training through online and/or in-person learning with public health measures in place
Long-term care	• One partner in care. No other visitors permitted • Residents restricted to facility except for exceptional circumstances • Restricted staff movement between all health facilities • Strict public health and control measures

Public Guidance Measures we can all take to prevent transmission of COVID-19:

- Stay informed, be prepared and follow public health advice
- Wash your hands often with soap and water for at least 20 seconds; if not available, use a hand sanitizer that contains 60% - 80% alcohol
- Stay home when ill and get tested promptly if experiencing symptoms of COVID-19
- Maintain physical distancing of 2 m (6 ft.) with individuals who are not part of your household
- Non-medical masks are required for indoor public spaces. Wear a non-medical mask in outdoor settings when you cannot maintain physical distancing from people from different households. Wearing a non-medical mask alone will not prevent the spread of COVID-19, and does not replace other public health measures such as physical distancing, hand washing, and staying home when sick.
- Don't touch your face with unwashed hands
- Cough or sneeze into a tissue or your sleeve, and wash your hands directly after
- Frequently clean and disinfect commonly touched surfaces such as taps, doorknobs and countertops
- With employer's support, work from home
- Use online shopping, home delivery, and curbside pick-up options where available
- Designate one member of the household for errands
- When seeking services outside of the home, follow public health precautions
- People from different households can carpool or share drives. If physical distancing can't be maintained, non-medical masks should be worn and every effort should be made to ensure some distance between passengers, including limiting the number of persons in a vehicle
- Vulnerable individuals should exercise caution and minimize high-risk exposure situations
- Keep a log of interactions to self-monitor and to facilitate contact tracing should a case be detected

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Health and Wellness

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